

CACAPON STATE PARK

Nature & Recreation

Program

April 14-28, 2012



Greetings! On behalf of the West Virginia State Parks System, I want to WELCOME you to Cacapon State Park! I hope you enjoy your visit and take advantage of everything the park has to offer. Below you'll find a list of activities scheduled for the upcoming weekends.

Please come and enjoy the fun! If you have any questions or need any assistance, please feel free to contact me at the Nature Center.

Thanks for visiting!

Renee Fincham, Naturalist

Saturday, April 14th

10:00 AM **Live It Up on the Laurel Trail:** Meet at the Nature Center to begin this two mile hike up over the Piney Ridge. This hike has a few hills, but is a great trail of Cacapon State Park. We'll be looking for wildlife found along the way. (1 ½ hours)

1:30 PM **Look for the "Bear Necessities":**

Join the Naturalist in the Nature Center to learn the necessities of a bear's life. We will view an eyewitness video on all different species of bears and their necessities. (30 minutes)

2:15 PM **Nature Craft:**

Create a work of art! Join the Naturalist in the Nature Center to make a spring themed craft. (30 minutes)

Saturday, April 21st

10:00 AM **Morning on the Ridge:** Join the Naturalist to explore the natural landscape and beautiful views of the Ridge Trail. Meet at the Nature Center for this 1 ½ mile hike on varied terrain. (1 hour)



Sunday, April 22nd

10:00 AM **Earth day 5K and 1-mile fun Walk:** What kind of footprint will you leave on Earth? The Eastern Panhandle Conservation District is hosting this event with a goal to encourage healthy lifestyles as well as a healthy environment. Environmental friendly activities include a stream assessment and making your own recycled bird feeder. Please come early to register at the Nature Center Picnic Shelter. Registration fee is required.

1:30 PM **Walk through the Redbuds:** Join the naturalist for a walk on the Piney Ridge Trail to see the Redbud trees and more... Meet at the Flagpole in front of the Lodge. (1 hour)

Saturday, April 28th

2:30 PM **Nature Craft:**

Create a work of art! Join the Naturalist in the Nature Center to make an animal themed craft. (30 minutes)



Wise Old Owl Says...

Bring plenty of water...wear sturdy shoes...and dress warm!

Please accompany small children on activities.

Weather policy: "If you show, we go!"

Statement of Policy Regarding the Equal Opportunity to use Facilities and Participate in Programs

"It is the policy of the West Virginia Division of Natural Resources to provide its facilities, accommodations, services and programs to all persons without regard to gender, race, age, religion, national origin, or handicap. Proper licenses, registration and compliance with official rules and regulations are the only sources of restrictions for facility use or program participation." The Division of Natural Resources is an equal opportunity employer.